



Joy of Life Connection

Put a Smile on Your Face

The joy of Listening with your Heart and being Heard to the depth of your Soul - The Living Energy of Needs

When you listen with your heart, you hear the soul. Experience the joy of living in the awareness of the beauty of your own needs and the needs of others. This workshop is focused on the **spiritual dimension** of **Compassionate Communication**, how we relate to our selves, to life and to each other.

- Live the truth of who you are in your relationships with others
- Let your heart open to transformation of emotional pain
- Experience the Living Energy of Needs

Learn how to more easily -

- Follow your life energy as a unique guide to living the life you were meant to – following your path
- Listen to others from your heart and appreciate the life energy we all share
- Communicate authentically in all ways



You will learn a way to relate to yourself, life and others, which creates connection and meaningful interactions. You will learn how to stay in awareness of your core life energy and the joy and life force flowing from this source. The workshop is based on **Robert Gonzales' "The Beauty of the Needs"** and **"The Living Energy of Needs"**.

"What inspires me the most with Compassionate Communication is the beauty in people's eyes as they transform emotional suffering into joy, freedom, and compassion. I see Compassionate Communication as a way to bring compassionate living energy into life." - Robert Gonzales



Carsten Sundby Nielsen

Your trainer is passionate about sharing Compassionate Communication as a basic life skill that enhances the quality of everyday life.

"My aim is to increase happiness in the world. CC has given me the tools and experience, to enable me to assist others achieve life changing insights. Compassionate Communication enhances mutual understanding and peaceful supportive relationships."

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| Next workshops: | Compassionate Communication Foundation Training | 1-2 May |
| | Listening from your Heart, Hearing the Soul* | 29-30 May |
| | The Art of Conscious Relating (one day, half price)** | 13 June |
| | Intimate Relationships** | 26-27 June |

All workshops held at **Bellbunya Retreat and Conference Centre** near Eumundi
Early bird until 4 weeks before workshop \$150 (\$120 conc), full price \$200 (\$150 conc).
For each friend you bring get \$30 off.

For more information or to book your seat visit

www.joyoflifeconnection.info or Freecall 1800 425 233

* and **: Prior participation in a Compassionate Communication Foundation Training or similar experience required (*) or recommended (**)